

TAMING TANTRUMS WORKSHOP

We've all been there. Leaving the park. Sitting down to eat. Transitioning from one thing to another. Meltdowns are upsetting for all parties involved and can summon stress and shame for parents. Join us to examine meltdowns from a developmental perspective, acknowledge how hard they are, and discuss ways to: **prevent**

**decrease
debrief
and
best
weather
them**



Online via Zoom

Please pre-register at:
<https://tinyurl.com/bdnpeaj6>

**TUESDAY
NOV 21st
12:30-2 pm**



information
children