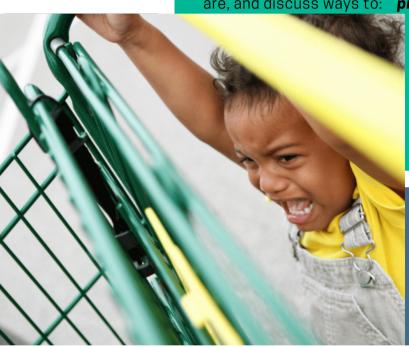
TAMING TANTRUMS WORKSHOP

We've all been there. Leaving the park.
Sitting down to eat. Transitioning from one thing to another. Meltdowns are upsetting for all parties involved and can summon stress and shame for parents. Join us to examine meltdowns from a developmental perspective, acknowledge how hard they are, and discuss ways to: **prevent**



decrease debrief and best weather them

Online via Zoom

Please pre-register at: https://tinyurl.com/bdnpeaj6

A

information children

TUESDAY NOV 21st 12:30-2 pm