

Friday, October 27 10 am -12 pm

Conscious Discipline

For Ages O–6 years

Join us in person at the Tommy Douglas Library

Workshop will include:

- Brain Development in the early years
- Behaviour as communication
- Practical tips and tricks for raising children 0-6 years old
- How to guide behaviour with firm boundaries in a gentle manner
- Discussion of real life parenting



Sign up at <u>tinyurl.com/</u> <u>ICfallworkshops</u> Childcare available

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