



Parent Support Services  
Society of BC

# Parenting Workshop

Join us in our FREE virtual workshop, where we will explore how best to support our children through day-to-day transitions and bigger changes. Whether it's leaving the playground or adjusting to new family dynamics, all change is big for our children.

## Navigating Tricky Transitions

Suitable for parents and caregivers with school aged children 0-12 years old

**Monday, August 21st 10 am - 11:30 am**

In this workshop we will cover

- The importance of structure
- Telling the story of the day
- Using play to process change
- Strategies for support

Online  
Workshop



### Registration:

Scan or Click  
to Register



FREE

Online workshop

Registration required to participate in this **FREE** workshop!

<https://bit.ly/pssparentingworkshop>

In partnership with:



information  
children

**GOT QUESTIONS?  
REACH US AT:**

1-877-345-9777 (Toll-Free)  
office@parentsupportbc.ca  
parentsupportbc.ca

We acknowledge the financial support of: **The Province of British Columbia**

PSS recognizes and respects all the Indigenous Nations and Traditional Lands & Territories that we Gather, Live, Work and Play on across BC