



Parenting Workshop

Join us for this informative workshop as we explore what it's like to parent in this digital world. Technology is changing rapidly; our children are often more internet savvy than we are! Come learn some useful skills like setting limits with screen time, and internet access.

Parenting in the Digital Age

*More suitable for parents and caregivers with school aged children 6-12 years old

Tuesday, July 18th, 2023 10 am - 11:30 am

- What actually happens to our brains when we are on our screens
- How to set screen-time limits effectively
- How to turn technology into a positive parenting tool.

Online
Workshop



Registration:

Scan or Click
to Register



FREE

Online workshop

Registration required to participate in this **FREE** workshop!

<https://bit.ly/pssparentingworkshop>

In partnership with:



information
children

**GOT QUESTIONS?
REACH US AT:**

1-877-345-9777 (Toll-Free)
office@parentsupportbc.ca
parentsupportbc.ca

We acknowledge the financial support of: **The Province of British Columbia**

PSS recognizes and respects all the Indigenous Nations and Traditional Lands & Territories that we Gather, Live, Work and Play on across BC