



## Tuning into Temperament

Join us for this informative 2-part workshop series as we learn how our personality interplays with that of our child's, and explore strategies in supporting their unique way of being. This workshop series will cover: The 9 different temperament traits,

The importance of attunement, Focussing on our child's strengths,

& Matching our parenting to our child's temperament.

For families with children 0-12yrs

April 17 & 24, 2023 Mondays 10am-11:30 am

Sign up \*



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