



information
children



Parent Support Services
Society of BC

My Tween & Me

BC Council for Families developed **My Tween & Me** to provide parents & caregivers with the knowledge, tools & support they need during their child's transition to adolescence. We will explore how families can strengthen their relationships with their tweens (7-12 yrs old), enrich their parenting experience, practice effective communication & guidance strategies, & prepare their children for the teen years.

Oct 17-Dec 5, 2022

Mondays

10am-12pm

Sign up 



This is a video-based program, so you will need to be able to watch the media content and participate in discussion.



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