



Parent Support Services
Society of BC

PARENTING TODDLERS (2-5 YEARS)

Toddlers and preschoolers are some of the most misunderstood people around – they are impulsive yet fearful, imaginative and honest, and intensely angry and then fully loving. Join us in this interactive 6-week series as we build understanding around the unique challenges that these children face and explore ways that parents/caregivers can support their healthy development.

This workshop will cover:

- Attachment & Attachment Styles
- Temperament & Behaviour
- Brain Development & Caregiver Expectation
- Emotion Regulation
- Separation Anxiety
- Bedtime Challenges

Every Tuesday from:

February 1st to
March 8th, 2022

At 10am to 12pm
Via Zoom

PSS RECOGNIZES and RESPECTS all the INDIGENOUS NATIONS, TRADITIONAL LANDS & TERRITORIES that we GATHER, LIVE, WORK & PLAY ON across BC.

Register: <https://bit.ly/pssworkshops>

Or email, office@parentsupportbc.ca

In partnership with



information
children

We thank the
Province of British
Columbia for their
financial
contribution