





## Parenting the Middle Years

November 8 - December 13, 2021 (Mondays) @ 10am - 12pm Via Zoom

In this supportive & interactive 6 session series, we will be exploring information and strategies around how parents and caregivers of children 8-12 years can strengthen their connection with their tween-aged children, and how to further enrich their parenting experience.

## Topics include but are not limited to:

- Middle childhood development
- Supporting social-emotional resilience
- Fostering positive peer relationships and navigating challenges at school
- Effective Communication
- Temperament
- Positive discipline & democratic parenting
- Setting limits and boundaries around technology and screen-time
- And more!

CLICK HERE TO REGISTER

For more information call us: 778.782.3548 or email: info@informationchildren.com