



Parent Support Services
Society of BC presents

In partnership with



information
children

Temper Tantrums: 0-6y



This workshop will cover:

- How to regulate our emotions first
- Why do children have tantrums
- Understanding child development
- How behaviour is communication
- Understanding big feelings
- Effective Communication
- Tools to calm down
- Strategies on responding to tantrums

WHEN?

May 26, 2021 @ 10:00 AM
1.5h Session via Zoom

Register HERE 

Or email, office@parentsupportbc.ca

Parent Support Services Society operates Support Circles across BC, for those in a parenting role. These Support Circles (run in English, Arabic, Spanish, Mandarin, Cantonese, Filipino & Korean) include Circles for grandparents raising their grandchildren, Indigenous communities, and more.

We thank the Province of
British Columbia for their
financial contribution

**Open to all BC Parents &
Caregivers**