



Circle of Security

A secure attachment between child and caregiver is critical to a child's current and future well-being.

Research shows that secure children have: increased empathy, greater self esteem, better relationships with parents and peers, enter school more ready to learn, and are able to handle their emotions better.

In this 8 part series, you will learn how to:

- Better understand your child's emotional world & learn to read their emotional needs
- Support your child and help them manage their emotions
- Enhance the development of your child's self-esteem
- Honour your child's wish to be secure

THURSDAYS @ 10AM-12PM
FEBRUARY 4 - MARCH 25, 2021
VIA ZOOM

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